

School Dance Styles

Ecole de Danse

Life Is a Mystery

Count: 32 Wall: 4 Level: Intermediate

Choreographer: José Miguel Belloque Vane (NL), Jonas Dahlgren (SWE) & Magali CHABRET (FR) - November 2021

Music: Like a Prayer (feat. Tess Burrstone) - Madism, Masove & Brendan Mills

SEC 1: Walk, Walk, Walk, Shuffle, Step ½ Pivot, ½ Turn Shuffle

1-2-3 Step left forward, step right forward, step left forward

4&5 Step right forward, step left beside right, step right forward

6-7 Step left forward, pivot ½ right transferring weight onto right (6:00)

8&1 Turn ¼ right step left to left, turn ¼ right step right beside left, step left back (12:00)

SEC2: ¼ Side Cross, Side Shuffle, ¼ Samba Step, Step

2-3 Turn ¼ right step right to right, cross left over right (3:00)

4&5 Step right to right, step left beside right, step right to right

6&7 Cross left over right, rock right to right, turn ¼ left recover weight onto left (12:00)

8 Step right forward

SEC 3: Step, Full Spiral, Step, Shuffle, Rock, ¼ Side Shuffle

1-2-3 Step left forward starting full turn right spiral over 2 counts, step right forward (12:00)

4&5 Step left forward, step right beside left, step left forward

6-7 Rock right forward, recover weight onto left

8&1 Turn ¼ right step right to right, step left beside right, step right to right (3:00)

SEC 4: Hold, Ball Side, Touch, Hips x 3, Back Hitch

2&3 Hold, step left beside right, step right to right

4 Touch left beside right

5-6-7 Step left to left bump hips left, bump hips right, bump hips left

8 Step right back hitching left knee

Cathy MERIOT - Chorégraphe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : cathy.meriot83@sfr.fr

www.schooldancestyles.fr